# TOOLBOX TALK, March 3rd, 2025

## Training:

To sign up for trainings go to <u>www.swmsctf.org</u> or check at <u>www.fsstools.com</u> under training schedules. For the Carpenters, there's MEWP and First Aid/CPR on March and on March 15th there's Fall Protection and First Aid/CPR. Tapers have Fall Protection and First Aid/CPR coming up on March 24th. So sign up to keep up to date.

#### **PTP Competition**

Remember at the end of March, we'll be selecting another winner for our PTP competition. We've seen some very good PTPs, so the competition is tight. Show us your best and you may stand a chance.

## **General Contractor Site Rules**

This week we had two workers removed from a jobsite because they weren't following the General Contractor's safety rules. Even if the rule is not FSS policy, if we agree to follow it while working on the GC's site, and we know about it from our site orientation, we need to be consistent in following the rule. Pay attention during orientation to make sure you hear and understand different rules for specific sites. We want everyone to be successful but sometimes it just comes down you.

## Caught Between:

We often think of caught between incidents in terms of getting caught between a vehicle and a wall or something much larger than a hand or finger, but our last three incidents have occurred because of catching a finger or a hand between two objects. Caught between incidents can result in fractures, sprains, strains, tears, cuts, and contusions, and even if they may be small, they can be painful.

Here are a few things we can do to minimize the chance of this kind of incident:

- Ensure adequate lighting
- Make sure machine guards are in place
- Be aware of our surroundings
- Assess our work area before we start
- Look ahead for potentially harmful stored energy
- Deenergize live equipment

Keeping a few safe procedures in mind, looking ahead and doing good pre-task planning can save us from painful injuries.

#### **Innovation rewards:**

While we work, we're always thinking of more effective and safer ways to do things. FSS wants to reward you for your great ideas and innovations. When a stroke of genius hits, take advantage of it by submitting your innovation.

To encourage great innovations, we're offering twenty-five-dollar gift cards for those that we use. And if you win a twenty-five-dollar prize, your name goes into a drawing for the yearly prize of two hundred and fifty dollars.

Submit your toolbox talk report by clicking on this link: <u>https://www.fsstools.com/blank-10</u>

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