# TOOLBOX TALK, September 9th, 2024.

#### **FSSTOOLS.COM:**

We've added a suggestion box to fsstools.com. along with a new incident reporting form and a form for reporting assured grounding. You'll also find links to heat related OSHA rules, JHAs, fall protection planning, and many other useful links. Have a look and use the new suggestion box if you have ideas for other things you'd like to see on the site.

### **PTP Competition:**

We've seen a lot of good Pre-Task Plans these last few months, which may make choosing a winner for this quarter's PTP competition tough. If you think you have a good one, turn it in to your foreman or show it to one of the Safety Team for consideration. Winners receive a \$50 gift card, but the competition closes at the end of September, so stay focused on good pre-task planning and you may take home the prize.

#### Reporting and self-care:

Recently one of our guys wacked himself in the shin while unloading a truck. He reported the incident right away but downplayed the impact saying it just hurt and there was nothing more to do.

The incident was noted, and we all went on our ways. The weekend passed and on Monday we checked in to see how the worker was doing. He said he hadn't done anything with the injury over the weekend and said it still hurt but he was doing OK. A few days later his leg began to swell, and it was clear he had an infection. By the time the swelling was reported, it was too late for simple cleaning and care, and he was taken to be treated. It was then decided that he would need an anti-biotic shot which turned a bumped shin into a recordable incident.

When the incident was first reported, it could have been more accurately assessed. Because the worker said he was OK, no further steps were taken. The worker could have taken steps over the weekend to clean and treat the wound, but let it go. When we followed up after the weekend the worker could have told us that the skin had been broken and that the wound was red.

A combination of things led from a painful bump to a recordable incident. Here are a few takeaways that could have made a difference.

- Report everything in detail.
- Do an accurate assessment of each incident.
- If it's decided that self-treatment is the way to go, do the self-treatment.
- If conditions change, especially for the worse, report and get help immediately.

We tend to be "shake it off" kind of people, but when it comes to incidents, accurate assessment and appropriate treatment, go a long way toward keeping us all healthy and on the job.

Have you had an incident that you didn't choose to report? Have you ever had an injury go from bad to worse?

## **Innovation Rewards:**

Fred Shearer and Sons is working to drive innovation, and what better way than to ask you for help. We offer \$25.00 gift cards for innovations that help us get our work done faster and safer, and at the end of the year the Safety Committee will choose one innovator to receive a \$250.00 gift card. When you have a great idea, present it to your foreman, and if we use it, you're in line for the big prize.

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